

Saving and Investing – Resources You Can Use

Resource	Contact Information	Description
About.com	http://financialplan.about.com/	Calculate the extent of savings you can accumulate by cutting out certain expenses.
Iowa State University Extension: Planning to \$tay ahead	http://www.fcs.iastate.edu/financial/	Obtain information about investing including 401K, Roth IRA, and mutual funds.
American Express	http://www.library.americanexpress.com/amex/browse_articles.jsp?catid=000411	Read articles on numerous topics such as the importance of saving, specific investments, investment risk, etc.
University of Georgia	http://www.uga.edu/osfa/pfc/	Obtain information about saving and investing (controlling spending, setting goals, the importance of saving, etc.).
National Endowment for Financial Education (Teen Resource Board)	http://www.ntrbonline.org/english/index.html	Learn investing and saving tips.
American Banking Association	http://www.aba.com/Consumer+connection/teachchildrensave.htm	Obtain information about teaching children how to save, saving principles, etc.
LaSalle Bank Tax Help Center	http://www.lasallebank.com/life_event/	Obtain information and access links regarding saving and investing (particularly regarding retirement or education).
Federal Trade Commission	http://www.ftc.gov	Obtain information about investment risks and scams.

The resources contained in this document were compiled to provide educational information in regard to the subject matter covered. The information is provided with the understanding that this information is not a legal, financial or accounting service, nor legal, financial or accounting advice. If advice or other expert assistance is required, the services of a competent professional person should be sought. The resources listed should not be considered all inclusive or be believed to reflect the ideas or opinions of the EAC or its members. Use of services or quotes may lead to receipt of additional emails. Additional services on some sites may be fee based.

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CNN Money	http://cgi.money.cnn.com/tools/retirementplanner/retirementplanner.jsp or	Access calculators that help you estimate the retirement savings that you will need to maintain a certain income level in today's dollars.
Bankrate.com	http://www.bankrate.com/brm/calculators/retirement/Retirement_income_calculator.asp	Access calculators that help you assess the level of savings required to reach a certain retirement savings amount.
University of Illinois Extension – Consumer Family and Economics	http://www.retirewell.uiuc.edu http://www.ace.uiuc.edu/cfe/calculators.html http://www.ace.uiuc.edu/cfe/money/	Walk through a step by step guide for retirement planning. Access numerous calculators regarding savings including those that can help you determine what your savings will be worth in the future or what you need to save to meet your goals. Learn about setting financial goals, saving, IRA accounts & more.
America Saves	http://www.americasaves.org/	Agree to set savings goals of as little as \$10 and receive access to a number of resources to help you save.
National Endowment for Financial Education (Teen Resource Board)	http://www.ntrbonline.org/english/index.html	Obtain general information regarding saving and investing for youth.
Financial Planning Association	http://www.fpanet.org/	Find a financial planner. Submit a question to a financial planner via email.
American Institute of Certified Public Accountants	(800) 862-4272; http://pfp.aicpa.org/Community/	Find a Personal Financial Specialist.
Certified Financial Planner Board of Standards	(800) 282-7526; http://www.cfp.net/learn/	Find a Certified Financial Planner.
Financial Literacy and Education Commission (Commission)	http://www.mymoney.gov/aboutus.shtml	Information regarding saving, investing, and retirement planning.
Virginia Tech University.	http://www.ahrm.vt.edu/Extension/www/index.shtml	View a presentation which explores the value of saving with numerous compounded interest examples.

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